



## NRI NEWSLETTER

The NRI Newsletter is a bi-monthly publication that brings together news and events relevant to our stakeholders of the public behavioral health system.

May 17, 2018

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### SPOTLIGHT

#### **A Conversation about Youth and Behavioral Health**

On Friday, April 20 NRI lead a focus group in Orange County, NC about overcoming access barriers to Behavioral Health treatment for young county residents. NRI hosted various agencies from across the county to promote inter-agency collaboration and determine next steps to improve care in the county. The meeting is part of an overall behavioral health assessment being conducted by NRI focused on youth services. [Learn more.](#)

### FEDERAL & STATE NEWS

#### **CMS Releases Proposed Rule for Inpatient Psychiatric Facilities Prospective Payment System and Quality Reporting Updates for FY2019, (CMS-1690-P)**

The proposed rule would affect more than 1700 Inpatient Psychiatric Facilities (IPFs) which include free-standing psychiatric hospitals and psychiatric units of an acute care hospital or critical access hospital. This proposed rule would update the prospective payment rates, the outlier threshold, and the wage index for Medicare inpatient hospital services provided by IPFs. The proposed rule would remove eight (8) measures beginning with the FY 2020 payment determination. The proposed rule is not proposing to add any specific new measure, however, the proposed rule does discuss a strategy for adopting an assessment instrument in future years. The proposed rule includes a Request for Information related to health information technology. Review the [proposed rule at the Federal Register](#) and provide comment by June 26, 2018. CMS has also posted a [fact sheet](#) on the proposed rule.

#### **Release of HHS Mental Health and Substance Use Disorder Parity Action Plan**

HHS released the Mental Health and Substance Use Disorder Parity Action Plan, which includes recent and planned actions from HHS, the Department of Labor, and the Department of the Treasury related to ongoing implementation of the Mental Health Parity and Addiction Equity Act of 2008 (MHPAEA). MHPAEA applies to employment-based large group health plans and health insurance issuers choosing to provide mental health and substance use disorder coverage and requires limitations on such benefits not be more restrictive than limitations on medical and surgical benefits. [Read more.](#)

#### **Updated Parity Website Explains Mental Health and Substance Use Disorder**

Parity laws require insurers to provide comparable coverage for mental health, substance use disorder, and physical health care so that people can get the treatment they need. HHS has updated its mental health and substance use disorder parity website, which provides resources to help answer questions about protections under federal parity laws. The site is a guide for people who have been denied coverage; have reached a limit on their plan (such as copayments, deductibles, or yearly visits); or have an overly large copay or deductible. [Read more.](#)

## **National Mental Health Awareness Month, 2018 by the President of the United States of America A Proclamation**

During the month of May, we observe National Mental Health Awareness Month and reaffirm our commitment to improving the overall health and well-being of our Nation. [Read more.](#)

### **RESEARCH**

#### **Understanding the Neuroscience of Addiction: What it Means for Prevention and Treatment**

Advances in the understanding of brain development, as well as the role that genes and environment play in addiction, are the focus of a review article published in The American Journal of Psychiatry. [Read more.](#)

#### **Survey Finds Youth Diagnosed With Anxiety Rose From 2007 to 2012**

More than 1 in 20 U.S. children had current anxiety or depression in 2011-2012, with the percentage of diagnoses of current anxiety, in particular, rising substantially from 2007 to 2012, according a report in the Journal of Developmental and Behavioral Pediatrics. [Read more.](#)

#### **With Early Intervention, Patients With Schizophrenia Experience Greater Improvements in Health, Function**

Patients with early-phase psychosis who received integrated, coordinated antipsychotic treatment and psychosocial care experienced greater improvements in health and function over a two-year period than those who did not participate in these programs, according to a comprehensive meta-analysis published today in JAMA Psychiatry. [Read more.](#)

#### **Self-Harming Youths Have a Higher Risk of Subsequent Suicide**

Adolescents and young adults who have engaged in intentional self-harm have been found to have an increased risk of suicide within one year, specifically if the self-harm incident was with use of firearms. [Read more.](#)

### **FREE EDUCATIONAL OPPORTUNITIES**

#### **MAY 18: First National Older Adult Mental Health Awareness Day**

SAMHSA and the Administration for Community Living, together with the National Coalition on Mental Health and Aging, invite you to mark your calendar for the first National Older Adult Mental Health Awareness Day. This discussion is designed to raise public awareness about the mental health of older Americans and spur action to address the needs of this population. Watch a panel of experts discuss evidence-based approaches to mental health and substance use prevention, treatment, and recovery supports for older adults, and encourage collaboration between the mental health and aging networks. [Register now.](#)

#### **MAY 24: The Roles of Behavioral Health in Early Diversion**

This webinar, hosted by SAMHSA's GAINS Center, will focus on the frontline roles of behavioral health in responding to encounters involving people with mental or substance use disorders. [Register now.](#)

#### **MAY 29: Center for Trauma-Informed Care: Alaska Psychiatric Institute - Anchorage**

NASMHPD oversees the SAMHSA National Center for Trauma Informed Care (NCTIC). NCTIC offers consultation, technical assistance (TA), education, outreach, and resources to support a revolutionary shift to trauma-informed care across a broad range of publicly-funded service systems, including systems providing mental health and substance abuse services, housing and homelessness services, child welfare,

criminal justice, and education. For more information on these trainings, please contact [jeremy.mcshan@nasmhpd.org](mailto:jeremy.mcshan@nasmhpd.org).

## **JUNE 8: A Meeting of the Interdepartmental Serious Mental Illness Coordinating Committee (ISMICC)**

The Interdepartmental Serious Mental Illness Coordinating Committee (ISMICC) announced that it will hold an all-day public meeting via webcast on June 8 in Washington, D.C. The meeting will include information on federal efforts related to serious mental illness (SMI) and serious emotional disturbance (SED), including data evaluation, and recommendations for action. [Learn more.](#)

## **FUNDING & AWARDS**

### **SAMHSA Funding Opportunity Announcement: Assertive Community Treatment Grants**

The Substance Abuse and Mental Health Services Administration (SAMHSA) is accepting applications for its Assertive Community Treatment (ACT) grants. The purpose of the ACT grants are to establish, expand, and maintain ACT programs. The ACT model provides around-the-clock support in the form of teams who are available to respond to a home or other setting and avoid crises caused by the symptoms of serious mental illness (SMI). [Learn more.](#)

### **SAMHSA Funding Opportunity Announcement: Improving Access to Overdose Treatment**

The Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Substance Abuse Prevention (CSAP), is accepting applications for Fiscal Year (FY) 2018 Improving Access to Overdose Treatment (Short Title: OD Treatment Access). SAMHSA will award OD Treatment Access funds to Federally Qualified Health Centers (FQHC), Opioid Treatment Programs, or practitioners who have a waiver to prescribe buprenorphine to expand access to Food and Drug Administration (FDA)-approved drugs or devices for emergency treatment of known or suspected opioid overdose. [Learn more.](#)

### **SAMHSA Funding Opportunity Announcement: Community Programs for Outreach and Intervention with Youth and Young Adults at Clinical High Risk for Psychosis**

The Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services (CMHS), is accepting applications for fiscal year (FY) 2018 Community Programs for Outreach and Intervention with Youth and Young Adults at Clinical High Risk for Psychosis Grant Program (Short Title: CHR-P). The purpose of this program is to identify youth and young adults, not more than 25 years old, at clinical high risk for psychosis and provide evidence-based interventions to prevent the onset of psychosis or lessen the severity of psychotic disorder. [Learn more.](#)

## **HELPFUL RESOURCES & LINKS OF INTEREST**

For Autism Awareness Month in April, NIMH Director Dr. Joshua Gordon [offers a snapshot of federal efforts and research findings related to ASD.](#)

### **APA Releases New Best Practice Guidance for Interactive Videoconferencing With Patients**

The APA and the American Telemedicine Association (ATA) this week released "Best Practices in Videoconferencing-Based Telemental Health," a guide for mental health providers who want to begin using interactive videoconferencing to offer services to their patients. [Read more.](#)

NASMHPD Early Intervention in Psychosis (EIP) Virtual Resource Center: [Snapshot of State Plans for Using the Community Mental Health Block Grant 10 Percent Set-Aside to Address First Episode Psychosis](#)

**Faith Can Shape How Some Patients Experience Mental Illness** Faith or spirituality is an aspect of humanity that inspires meaning, purpose, and hope to many people with mental health challenges and can offer fresh descriptions and new possibilities as vital complementary dimensions to the psychiatric task of soul healing. [Read more.](#)

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