



NRI NEWSLETTER

The NRI Newsletter is a bi-monthly publication that brings together news and events relevant to our stakeholders of the public behavioral health system.

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SPOTLIGHT

Programs for Individuals with Mental Health and I/DD Needs

On April 25, NRI organized and facilitated the webinar, [Programs for Individuals with Mental Health and I/DD Needs](#) for SAMHSA's Olmstead Communities of Practice: The Intersection of Criminal Justice and Olmstead. Paul Van Almkerk, Ed.D., and Susan Powers, Ph.D. shared their knowledge regarding this unique criminal-justice involved population, including information on community-based programs that have been developed to support criminal-justice involved individuals with mental health and I/DD needs. [The recording is available for playback.](#)

NASMHPD Launches [CrisisNow.com](#) Website

NASMHPD Executive Director Dr. Brian Hepburn announced the creation of a new website, [crisisnow.com](#), dedicated to providing the framework needed to optimize mental health crisis services within communities. NASMHPD is partnering in the project with the National Action Alliance for Suicide Prevention, the National Suicide Prevention Lifeline, and RI International.

FEDERAL & STATE NEWS

More Governors Propose Medicaid Enhancements Than Cuts, Says Kaiser Study

The Kaiser Family Foundation reported that more state governors are proposing Medicaid enhancements in the fiscal 2019 budget year than those proposing cutbacks. Among the state budgets studied, Kaiser found that 23 proposed Medicaid enhancements, while 11 proposed spending cuts. Separately, 15 states are either considering or have already submitted waivers for Medicaid work requirements. [Read more.](#)

RESEARCH

Regular Exercise Lowers Odds of Developing Depression, Meta-Analysis Finds

According to a meta-analysis published in AJP in Advance, physical activity can protect against the development of depression, regardless of age and geographical region. [Read more.](#)

Identifying, Treating Mothers' Depression Could Positively Impact

Children's Neurodevelopment, Study Suggests

A study published this week in *Depression & Anxiety* suggests that children whose mothers experienced depression during and after pregnancy may be slower to hit early childhood developmental milestones than children whose mothers did not experience depression. [Read more.](#)

New Biological Research Framework for Alzheimer's to Spur Discovery

The research community now has a new framework toward developing a biologically-based definition of Alzheimer's disease. This proposed "biological construct" is based on measurable changes in the brain and is expected to facilitate better understanding of the disease process and the sequence of events that lead to cognitive impairment and dementia. [Read more.](#)

Communities That Care Program Shows Success in Reducing Substance Use and Behavioral Issues in Adolescents

A newly published study looking at long-term outcomes from the Communities That Care (CTC) program showed remarkable success in preventing substance use and antisocial behaviors in adolescents. [Read more.](#)

QuickStats: Age-Adjusted Suicide Rates by Race/Ethnicity – National Vital Statistics System, United States, 2015–2016

From 2015 to 2016, the age-adjusted suicide rate for the total U.S. population increased from 13.3 per 100,000 standard population to 13.5. The rate increased from 5.8 to 6.3 for non-Hispanic blacks and from 6.2 to 6.7 for Hispanics; it remained unchanged for non-Hispanic whites. In both 2015 and 2016, the non-Hispanic white rate was nearly three times the non-Hispanic black rate and 2.5 times the rate for the Hispanic population. [Read more.](#)

Timing of First, Second Deployments May Influence Soldiers' Risk of Suicide, Study Suggests

According to a study published in *JAMA Psychiatry*, soldiers who deployed overseas within their first year of service in the Army are twice as likely as their peers to attempt suicide after a subsequent deployment. [Read more.](#)

Peer Mentoring Found to Be Effective for People With Serious Mental Illness

Being paired with a person who is willing to share stories of their recovery from serious mental illness and provide coaching and encouragement may lead patients with serious mental illness to experience greater improvements in psychiatric symptoms and functioning than those who receive standard care only, according to a study published in *Psychiatric Services in Advance*. [Read more.](#)

FREE EDUCATIONAL OPPORTUNITIES

MAY 8: Considerations for Placement in Recovery Housing for Individuals Living with Severe Mental Illness

Join the National Council to explore the four levels of recovery housing: Peer Run, Monitored, Supervised and Service Provider. Participants will learn how to determine the placement of individuals living with severe mental illness in the levels. To better understand how an individual's readiness for change impacts their ability to succeed in these levels, culture, structure, risk, social support and engagement will be discussed. Finally, the importance of integrated health care, co-occurring treatment, peer support, and skill building within recovery housing will be addressed. [Register now.](#)

MAY 9: Trauma-Informed CBT - Supporting Evidence-Based and Promising Practices Olmstead Community of Practice

NRI, in partnership with Advocates for Human Potential, is organizing this SAMHSA-sponsored webinar. Marcella Torres, Ph.D., of the University of Colorado at Boulder will share her expertise around TF-CBT, including strategies for implementation. [Register now.](#)

MAY 9: Voices from the Field on the Impact of Opioid Addiction in Diverse Communities

SAMHSA's National Network to Eliminate Disparities in Behavioral Health is hosting a Virtual Roundtable to discuss opioid addiction and treatment in communities of color and strategies for community-based organizations to engage in cross-systems work. In addition to raising awareness and increasing knowledge of participants around opioid addiction and treatment, the dialogue will aim to draw attention to cultural considerations, persistent disparities, and the cultural divides that play a role in the opioid crisis. [Register now.](#)

MAY 16: Geriatric Competent Care Webinar Series

The 2018 Geriatric-Competent Care Webinar Series is designed to help states, plans, health professionals and stakeholders in all settings and disciplines to expand their knowledge and skills in the unique aspects of caring for older adults and in working with their caregivers. Continuing Education (CE) credits can be earned by joining the webinars. [Register now.](#)

May 17, May 31 & June 7: Three-Part Webinar Series Person-Centered Planning: From Dreams to Reality

The National Association of State Head Injury Administrators (NASHIA) is offering a live three-part webinar series on person-centered planning and person-centered thinking starting Thurs., May 17, followed by a second and third webinar on May 31 and June 7. All three sessions will be held from 12:00 noon -- 1:00 p.m. E.T. [Register now.](#)

MAY 18: First National Older Adult Mental Health Awareness Day

SAMHSA and the Administration for Community Living, together with the National Coalition on Mental Health and Aging, invite you to mark your calendar for the first National Older Adult Mental Health Awareness Day. This discussion is designed to raise public awareness about the mental health of older Americans and spur action to address the needs of this population. Watch a panel of experts discuss evidence-based approaches to mental health and substance use prevention, treatment, and recovery supports for older adults, and encourage collaboration between the mental health and aging networks. [Register now.](#)

JUNE 8: A Meeting of the Interdepartmental Serious Mental Illness Coordinating Committee (ISMICC)

The Interdepartmental Serious Mental Illness Coordinating Committee (ISMICC) announced that it will hold an all-day public meeting via webcast on June 8 in Washington, D.C. The meeting will include information on federal efforts related to serious mental illness (SMI) and serious emotional disturbance (SED), including data evaluation, and recommendations for action. [Learn more.](#)

FUNDING & AWARDS

SAMHSA Funding Opportunity Announcement: Assertive Community Treatment Grants

The Substance Abuse and Mental Health Services Administration (SAMHSA) is accepting applications for its Assertive Community Treatment (ACT) grants. The purpose of the ACT grants are to establish, expand, and maintain ACT programs. The ACT model provides around-the-clock support in the form of teams who are available to respond to a home or other setting and avoid crises caused by the symptoms of serious mental illness (SMI). [Learn more.](#)

MAY 8: Mainstream NOFA Outreach Webinar Targeted to Disability Organizations

HUD recently issued a Notice of Funding Availability (NOFA) for \$100 million in new "Mainstream" housing vouchers for non-elderly people with disabilities. Public Housing Authorities (PHAs) are eligible to submit applications due June 18, 2018. To provide information about this exciting opportunity, the Technical Assistance Collaborative (TAC) and the Consortium for Citizens with Disabilities (CCD) Housing Task Force are sponsoring this webinar to review the NOFA requirements and provide state and local human services agencies and others with strategies for reaching out to and establishing partnerships with state housing agencies or local Housing Authority (ies) in the community. [Register now.](#) [Learn more.](#)

Project AWARE (Advancing Wellness and Resiliency in Education) State Education Agency Grants

The Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services (CMHS) is accepting applications for fiscal year (FY) 2018 Project AWARE (Advancing Wellness and Resilience in Education) - State Education Agency (SEA) grants (Short Title: AWARE-SEA). The purpose of this program is to build or expand the capacity of State Educational Agencies, in partnership with State Mental Health Agencies (SMHAs) overseeing school-aged youth and local education agencies (LEAS), to: (1) increase awareness of mental health issues among school-aged youth; (2) provide training for school personnel and other adults who interact with school-aged youth to detect and respond to mental health issues; and (3) connect school-aged youth, who may have behavioral health issues (including serious emotional disturbance [SED] or serious mental illness [SMI]), and their families to needed services. [Learn more.](#)

SAMHSA Funding Opportunity Announcement: Improving Access to Overdose Treatment

The Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Substance Abuse Prevention (CSAP), is accepting applications for Fiscal Year (FY) 2018 Improving Access to Overdose Treatment (Short Title: OD Treatment Access). SAMHSA will award OD Treatment Access funds to Federally Qualified Health Centers (FQHC), Opioid Treatment Programs, or practitioners who have a waiver to prescribe buprenorphine to expand access to Food and Drug Administration (FDA)-approved drugs or devices for emergency treatment of known or suspected opioid overdose. [Learn more.](#)

SAMHSA Funding Opportunity Announcement: Community Programs for Outreach and Intervention with Youth and Young Adults at Clinical High Risk for Psychosis

The Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services (CMHS), is accepting applications for fiscal year (FY) 2018 Community Programs for Outreach and Intervention with Youth and Young Adults at Clinical High Risk for Psychosis Grant Program (Short Title: CHR-P). The purpose of this program is to identify youth and young adults, not more than 25 years old, at clinical high risk for psychosis and provide evidence-based interventions to prevent the onset of psychosis or lessen the severity of psychotic disorder. [Learn more.](#)

Healthy Transitions: Improving Life Trajectories for Youth and Young Adults with Serious Mental Disorders Program

The Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services (CMHS), is accepting applications for Fiscal Year 2018 Healthy Transitions: Improving Life Trajectories for Youth and Young Adults With Serious Mental Disorders Program grants (Short Title: Healthy Transitions). The purpose of this program is to improve access to treatment and support services for youth and young adults, ages 16-25, who have a serious emotional disturbance (SED) or a serious mental illness (SMI), hereafter referred to as serious mental disorders. [Learn more.](#)

HELPFUL RESOURCES & LINKS OF INTEREST

NASMHPD Early Intervention in Psychosis (EIP) Virtual Resource Center: [Snapshot of State Plans for Using the Community Mental Health Block Grant 10 Percent Set-Aside to Address First Episode Psychosis](#)

SAMHSA launches [Evidence-Based Practices Resource Center](#) to equip clinicians, strengthen communities

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