



Analytics Improving Behavioral Health SM

NRI NEWSLETTER

The NRI Newsletter is a bi-monthly publication that brings together news and events relevant to our stakeholders of the public behavioral health system.

September 21, 2017

[Download the PDF](#)

TABLE OF CONTENTS

- [NRI Day at NASMHPD Annual Meeting](#)
- [State News](#)
- [Research](#)
- [Free Educational Opportunities](#)
- [Funding & Awards](#)
- [Helpful Resources & Links of Interest](#)
- [NRI Leadership](#)

SPOTLIGHT

NRI Day at NASMHPD Annual Meeting

NRI, in collaboration with the National Association of State Mental Health Program Directors (NASMHPD), hosted a meeting of State Mental Health Agency Commissioners and Senior Agency Staff on Monday July 31, 2017. The invitation-only meeting offered an unprecedented opportunity for Senior Behavioral Health Leadership in the States to come together and discuss areas of mutual interest, share challenges across the systems of care, and identify solutions that have worked in peer States.

This week we're featuring summaries for the remaining sessions, listed below. You can view all the recaps and presentations on the [NRI Day conference page](#).

NRI DAY at NASMHPD Annual 2017 Meeting

National Trends in Inpatient Psychiatric Beds

What was the true number of psychiatric beds available in the United States? This was the question panelists sought to answer during this session. [Read the recap](#).

Existing Data to Depict Strengths & Opportunities to Improve the Continuum of Care

In this session, panelists discussed the different ways health departments are leveraging existing data to depict strengths and opportunities to improve the continuum of care as it relates to behavioral and mental health. [Read the recap](#).

Serving Individuals with Complex Care Needs and High Costs in a Changing Healthcare Environment

This session outlined the future of organization and financing of health care, as well as a framework for strengthening community treatments and crisis services. [Read the recap](#).

STATE NEWS

New York Medicaid Releases MCO Requirements For Behavioral Health Transition to Managed Care

The New York State Department of Health (DOH) released new Medicaid managed care organization (MCO) requirements, an application form, and standards for transitioning care for children with complex medical or mental health conditions to managed care under a federal section 1115 waiver amendment. [Read more.](#)

Wisconsin Governor Signs Bi-Partisan HOPE Bills To Combat Opioid Abuse & Addiction

Wisconsin's Governor signed 11 bills into law related to the state's Heroin, Opiate, Prevention, and Education (HOPE) agenda. The 11 bills cover everything from education to treatment and enforcement programs, and are intended to improve access to treatment, and to improve law enforcement response to addiction disorder. [Read more.](#)

GAO: States Fund Services for Adults in Institutions for Mental Disease Using a Variety of Strategies

Between 2010 and 2015, inpatient and residential behavioral health services capacity has gone up for adult mental health treatment and stayed about the same for substance use treatment. The Government Accountability Office (GAO) found that for adult mental health treatment, inpatient and residential capacity increased from about 61 to 69 beds per 100,000 adults between 2010 and 2014. For adult substance use treatment, inpatient and residential capacity remained fairly constant between 2010 and 2015, increasing from 57 to about 58 beds per 100,000 adults. In both types of behavioral health services there was significant variation across states. [Read more.](#)

RESEARCH

Healthcare's Growing Focus on Behavioral Health Data Exchange

Stakeholders across healthcare sectors are working to advance behavioral health IT infrastructure, use, and data exchange in 2017. [Read more.](#)

Life-Saving Post-ER Suicide Prevention Strategies are Cost Effective

A study led by researchers at the National Institute of Mental Health (NIMH) modelled the use of three interventions designed for follow up of patients who are identified with suicide risk in hospital emergency departments and found that all three interventions compare favorably with a standard benchmark of cost-effectiveness used in evaluating healthcare costs. [Read more.](#)

Mental Health Provider Participation in Physician Networks Lower Than Primary Care

Significantly fewer mental health professionals participate in provider networks than do primary care providers, according to an analysis of Affordable Care Act (ACA) provider networks appearing in the September issue of *Health Affairs*. [Read more.](#)

2016 National Healthcare Quality and Disparities Report

This report prepared by the Agency for Healthcare Research and Quality (AHRQ) assesses the performance of the country's health care system and identifies areas of strengths and weaknesses, as well as disparities, for access to health care and quality of health care among different racial and socioeconomic groups. Selected findings in each priority area are shown in this report, as are examples of large disparities, disparities worsening over time, and disparities showing improvement. [Read more.](#)

Increase in Suicide Attempts Appears Driven By Young Adults With Less Formal Education, Psychiatric Disorders

An overall increase in suicide attempts from 2004-2005 to 2012-2013 appears to have disproportionately affected younger adults with less formal education and those with antisocial personality disorder, anxiety disorders, depressive disorders, and a history of violence, according to a report published today in *JAMA Psychiatry*. [Read more.](#)

National Survey Reveals the State of Behavioral Health Across the Nation

The Substance Abuse and Mental Health Services Administration's (SAMHSA) latest National Survey on Drug Use and Health report provides the latest estimates on substance use and mental health in the

nation, including the misuse of opioids across the nation. In 2016, there were 11.8 million people aged 12 or older who misused opioids in the past year and the majority is pain reliever misuse rather than heroin use—there were 11.5 million pain reliever misusers and 948,000 heroin users. In 2016, an estimated 21 million people aged 12 or older needed substance use treatment and of these 21 million people, about 2.2 million people, received substance use treatment at a specialty facility in the past year. [Read more.](#)

Personal Recovery Predicts Well-Being in Patients With Schizophrenia

Personal recovery—the process of developing a positive sense of self and achieving goals in spite of illness—appears to predict well-being in patients with schizophrenia spectrum disorders six months later, according to a report in Schizophrenia Bulletin. [Read more.](#)

Collaborative Care Shows Promise for Opioid and Alcohol Use Disorders

A National Institute of Drug Abuse-funded randomized clinical trial found that primary care patients with opioid and alcohol use disorders (OAUD) who were offered a collaborative care intervention were more likely to receive evidence-based treatment and refrain from using opioids and alcohol six months later, compared to patients receiving usual care. [Read more.](#)

Study Offers Clues on Increasing Resiliency in Children Exposed to Abuse

A report in Schizophrenia Bulletin suggests there are several factors that may offer some protection from this risk. According to the authors of the study, such findings could be used to inform the content or focus of interventions for at-risk youth. [Read more.](#)

Anxiety in Children

This review by the Agency for Healthcare Research Quality (AHRQ) evaluates the comparative effectiveness and risks of psychotherapy and medications for childhood anxiety disorders, including panic disorder, social anxiety disorder, specific phobias, generalized anxiety disorder, and separation anxiety. The review finds that cognitive behavioral therapy (CBT) reduces anxiety symptoms based on child, parent, and clinician reports, improves functioning, and leads to clinical response. [Read more.](#)

FREE EDUCATIONAL OPPORTUNITIES

SEPTEMBER 26: Teen Depression—What Schools and Parents Can Do When Help is Refused

This webinar, presented by Families for Depression Awareness is for Parents, Caregivers, Teachers, School Counselors and Staff, Youth Workers, and anyone interested in Teen Mental Health and will discuss how to identify depression in teens and intervene with effective communication techniques. [Register now.](#)

SEPTEMBER 27: From Pain to Promise – Addressing Opioids and Suicide in Communities Across America

Join this event, hosted by Education Development Center & the National Action Alliance for Suicide Prevention to discuss potential solutions in reducing the burden of “deaths of despair,” restoring hope, and saving lives in communities across the country. [Register now.](#)

SEPTEMBER 27: SOC Expansion Leadership Learning Community: Beyond Impact Statements - Addressing Behavioral Health Disparities

This learning community session will focus on addressing behavioral health disparities in system of care (SOC) expansion. [Register now.](#)

SEPTEMBER 27: HIMSS Joint Interoperability & HIE, Nursing Informatics and Connected Health Community Roundtable

Join Healthcare Information and Management Systems Society (HIMSS) for this Joint Interoperability & HIE, Nursing Informatics and Connected Health Community Roundtable. [Register now.](#)

OCTOBER 4: Homelessness and Unstable Housing: Impact on Provider Services

This SAMHSA Recovery to Practice webinar will provide an overview of homelessness and housing instability, its subsequent impact on service engagement and outcomes, and how behavioral health providers can incorporate housing stability assessments into standard practice. [Register now.](#)

FUNDING & AWARDS

NIH Awards Nearly \$100 Million for Autism Centers for Excellence Program

The National Institutes of Health (NIH) has awarded nine research grants totaling nearly \$100 million over the next five years for the Autism Centers of Excellence (ACE), a program that supports large research projects aimed at understanding and developing interventions for autism spectrum disorder (ASD). [Read more.](#)

HHS Awards \$14.5 Million in Grants for Suicide Prevention Programs

The Department of Health and Human Services' (HHS) SAMHSA announced the funding of up to \$14.5 million in grants over several years for suicide prevention programs. The grant programs included in this SAMHSA effort include the Zero Suicide grant program and cooperative agreements to implement the National Strategy for Suicide Prevention. [Read more.](#)

HELPFUL RESOURCES & LINKS OF INTEREST

National Recovery Month

Every September, SAMHSA sponsors Recovery Month to increase awareness and understanding of mental health and substance use disorders, and to celebrate the people in recovery. The annual theme is Join the Voices for Recovery: Strengthen Families and Communities. [Learn more.](#)

Recovery-Oriented Approaches to Housing Instability

This issue of Practicing Recovery looks at some of the causes and signs of housing instability and how to help people who are at risk or experiencing homelessness. [Learn more.](#)

FDA Approves First App to Treat Substance Use Disorder

The Food and Drug Administration last week announced that it has approved the first mobile app to help treat individuals with substance use disorders (SUD). [Read more.](#)

National Preparedness Month

Every September, CDC, private and public health institutions, and approximately 3,000 government organizations support preparedness efforts and encourage Americans to take action before, during, and after an emergency. This year, CDC's Office of Public Health Preparedness and Response focuses on empowering individuals to better prepare for public health emergencies. The 2017 theme "The Power of Preparedness" highlights the importance of building and updating an emergency kit, having and reviewing an emergency plan, inspiring others to prepare, and taking immediate action to save lives. [Learn more.](#)

Mental Health Days are Good for Business

Paolo del Vecchio, the Director of SAMHSA's Center for Mental Health Services, praises employers who recognize the use of sick leave for mental health days as valid and necessary. SAMHSA provides guidance to support employees and employers in recognizing mental illness as equal to physical illness. [Read more.](#)

Changes Announced to ICD-10-CM for DSM-5 Diagnoses

A quick reference guide is available that outlines the changes to the ICD-10-CM codes, effective October 1, 2017, that have implications for DSM-5 Classifications for mental disorders. [Read more.](#)

How Emergency Departments Can Help Prevent Suicide Among At-Risk Patients

This Suicide Prevention Resource Center video describes the unique role that emergency department

professionals can play in preventing suicide by providing five brief interventions prior to discharge. It outlines the following interventions and provides tools to support their implementation: brief patient education, safety planning, lethal means counseling, rapid referral, and caring contacts. [Learn more.](#)

NRI LEADERSHIP

Board Officers

Lorrie Rickman Jones, Ph.D., President
David Shern, Ph.D., Vice President
Lynda Zeller, Treasurer
Stephen Baron, M.S.W., Secretary

Members At Large

Joyce Allen, M.S.W., Tom Betlach, M.P.A., Lisa Clements, Ph.D., Miriam Delphin-Rittmon, Ph.D., Melanie Harrison, Ron Manderscheid, Ph.D., Joe Parks, M.D., Tanya Royster, M.D., Matthew Salo, Dena Stoner, Ann Marie Sullivan, M.D.

Executive Leadership

Tim Knettler, M.B.A., CAE, Executive Director/CEO, Board Member, Ex-Officio
Ted Lutterman, Government & Commercial Research
Lucille Schacht, Ph.D., Performance & Quality Improvement
Vera Hollen, M.A., Research and Consulting

National Association of State Mental Health Program Directors Research Institute

3141 Fairview Park Drive, Suite 650, Falls Church, VA 22042

www.nri-inc.org

© 2017 NRI, Inc.

[Unsubscribe here.](#)



3141 Fairview Park Dr., Suite 650, Falls Church, VA 22042