



## NRI NEWSLETTER

The NRI Newsletter is a bi-monthly publication that brings together news and events relevant to stakeholders of the public behavioral health system.

July 13, 2017

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#### [Evaluation of Texas Behavioral Health Performance Measures, Contract Processes, and Payment Mechanisms](#)

The State of Texas' Health and Human Services Commission (HHSC) and the Department of State Health Services (DSHS) engaged Health Management Associates (HMA) and partner NRI to evaluate behavioral health performance measures, contract processes, and payment mechanisms utilized by the Department in contracts with the Texas Local Mental Health Authorities (LMHAs). The goal of the evaluation was to conduct a thorough review of existing mental health, substance use disorder, inpatient and outpatient measures, as well as aligning those performance measures to national norms and industry standards. [Learn more about this study.](#)

### STATE NEWS

#### **Arkansas's Justice Reinvestment Approach: Enhancing Local Mental Health Services for People in the Criminal Justice System**

After using a justice reinvestment approach, Arkansas passed legislation that creates local crisis stabilization units that will allow people with mental illnesses who commit low-level offenses to receive treatment in the community rather than go to prison. [Read more.](#)

#### **Michigan FY 2018 Budget Sets Up Demonstration Plan for Integrating Physical, Behavioral Health Services under Medicaid Managed Care Plans**

A Fiscal Year 2018 state budget deal between the Michigan legislature and Governor Rick Snyder will pilot integrating the state's physical and mental health delivery system under Medicaid. [Read more.](#)

#### **North Dakota Judge Supports Shift in Treatment for the State's Criminal Justice Population**

North Dakota Presiding District Court Judge Frank Racek is calling for state leaders to work together to transform the current system for delivering community-based services to people in the criminal justice

system to one that follows risk, needs, and responsibility principles. [Read more.](#)

## **Pennsylvania's Medication Assisted Treatment (MAT) Pilot Program for Justice-Involved Individuals**

A fact sheet from the Addiction Policy Forum describes Pennsylvania's Medication Assisted Treatment (MAT) Pilot Program for Justice-Involved Individuals, a program focused on achieving better outcomes for individuals experiencing substance abuse issues who are reentering society following a period of incarceration within a Pennsylvania Department of Corrections (PA DOC) facility. [Learn more.](#)

### **RESEARCH**

## **Comparison of Internet-Based Cognitive Behavior Therapy (CBT) for Psychiatric and Somatic Disorders with Face-to-Face CBT Finds Equivalent Overall Effectiveness**

A recent study of web-based cognitive behavioral therapy published in the *Journal of Medical Internet Research*, suggests digital therapies assisted by coaches who are reachable by text or phone can be as effective as evidence-based traditional therapy in treating some people with depression. [Read the study.](#)

## **More Than Half of All U.S. Opioid Prescriptions Go to Patients With Mental Illness, Study Suggests**

According to a recent study published in the *Journal of the American Board of Family Medicine*, an estimated 16% of people in the United States have a diagnosed mental illness, yet this population receives over half of all prescribed opioids. [Read more.](#)

## **40th Annual Report on the Health of the Nation Features Long-Term Trends in Health and Health Care Delivery in the US**

The Centers for Disease Control and Prevention (CDC) released *Health, United States, 2016*, the 40th annual report on the health of the nation. This year's report features a Chartbook on Long-Term Trends in health and health care delivery over the past 40 years. The 27 charts and 114 tables present life expectancy and leading causes of death, health risk behaviors, health care utilization and insurance coverage, and health expenditures. [Read more.](#)

## **New Study Demonstrates Efficacy of Weekly Buprenorphine Injections for Opioid Use Disorder**

A new study released in *JAMA Psychiatry* indicates that the use of weekly buprenorphine injections can produce "robust opioid blockade and opioid withdrawal suppression." [Read more.](#)

## **New AHRQ Report Shows Sharp Rise Among Women for Opioid-Related Hospital Stays**

Hospitalizations involving opioid pain relievers and heroin increased 75 percent for women between 2005 and 2014, a jump that significantly outpaced the 55-percent increase among men, according to a new report from the Agency for Healthcare Research and Quality (AHRQ). [Read more.](#)

## **Sleep Disturbances Found to Predict Suicide Ideation in High-Risk Youth**

According to a recent study published in the *Journal of Clinical Psychiatry*, disturbed sleep may be a short-term indicator of increased suicidal ideation in young adults at high risk of suicide. [Read more.](#)

## **Indicators of Mental Health Problems Reported by Prisoners and Jail Inmates, 2011-2012**

A recent report from the Bureau of Justice Statistics presents prevalence estimates of mental health indicators among state and federal prisoners and jail inmates by different time periods, demographics, criminal justice history, most serious offense, mental health treatment received while incarcerated, and rule violations. [Read more.](#)

### **FREE EDUCATIONAL OPPORTUNITIES**

## Recovery to Practice Announces an On-Demand Continuing Medical Education (CME) Webinar Series

This two-course series offers information and resources for physicians, clinicians, and other practitioners serving individuals with serious mental illness and co-occurring substance abuse disorder. [Register here.](#)

### **JULY 19: Stepping Up the Right Way: Best Practices in the Treatment of Persons with Serious Mental Illness Who Have Contact with the Criminal Justice System**

This webinar, hosted by National Council for Behavioral Health, will provide an overview of best practices and provide Community-based Behavioral Health Organizations with strategies for implementing these approaches. [Register now.](#)

### **July 24: Medicaid Innovation Accelerator Program (IAP)**

The Center for Medicaid & CHIP Services' Medicaid Innovation Accelerator Program (IAP) is kicking off a national webinar series to share insights gleaned from working directly with Medicaid agencies on their Physical and Mental Health (PMH) integration efforts. [Register now.](#)

### **AUGUST 28: Cultural, Historical, and Gender Issues: The Ali Forney Center**

This SAMHSA webinar will feature insights from staff at the Ali Forney Center (AFC) in New York, NY, the largest program dedicated to meeting the needs of lesbian, gay, bisexual, transgender, and questioning (LGBTQ) homeless youth in the nation. [Register now.](#)

## FUNDING & AWARDS

### **HHS Announces \$195 Million to Expand Substance Abuse and Mental Health Services Nationwide**

The US Department of Health and Human Services (HHS) announced the availability of \$195 million in a new funding opportunity for community health centers to expand access to mental health and substance abuse services focusing on the treatment, prevention, and awareness of opioid abuse in all U.S. states, territories, and the District of Columbia. [Read more.](#)

### **SAMHSA Announces \$44.6 Million in Grants to Expand the Behavioral Health Workforce**

The Substance Abuse and Mental Health Services Administration (SAMHSA) announced funding of up to \$44.6 million for the Addiction Technology Transfer Centers (ATTC) Cooperative Agreements. The purpose of this program is to develop the health care workforce to treat substance use disorders and support recovery. [Learn More.](#)

## NRI DAY AT NASMHPD ANNUAL MEETING

NRI, in collaboration with the National Association of State Mental Health Program Directors (NASMHPD), is hosting a meeting of State Mental Health Agency Commissioners and Senior Agency Staff on Monday July 31, 2017. This is a "closed door" meeting, so only a limited number of sponsors will be allowed to attend. [Learn more about sponsorships.](#)

### Premium Sponsors



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## HELPFUL RESOURCES & LINKS OF INTEREST

### **SAMHSA Launches New Learning Center**

SAMHSA has launched a new learning center for its revamped National Registry of Evidence-Based Programs and Practices (NREPP). The NREPP site is designed to provide resources for developing, implementing, and sustaining culture-centered and evidence-based programs and practices. [Learn more.](#)

### **Joint Commission to Make Measurement-Based Care a Requirement for Addiction Treatment Accreditation**

The Joint Commission has recently revised a standard in the Care, Treatment, and Services (CTS) chapter so that organizations will be required to assess outcomes through the use of a standardized tool or instrument. Results of these assessments would then be used to inform goal, and objectives identified in individual plans of care, treatment, or services as needed, and evaluate outcomes of care, treatment, or services provided to the population(s) served. [Learn more.](#)

### **'Architecture Of An Asylum' Tracks History Of U.S. Treatment Of Mental Illness**

The National Building Museum in Washington, DC has a special exhibit about St. Elizabeths Hospital "Architecture of an Asylum: State Elizabeths 1852-2017. [Read more.](#)

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