



NRI NEWSLETTER

The NRI Newsletter is a bi-monthly publication that brings together news and events relevant to stakeholders of the public behavioral health system.

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[Utilization of Public Behavioral Health Services in Colorado Pre and Post Medicaid Expansion](#)

In 2014, Colorado expanded Medicaid eligibility to individuals earning between 101% and 138% FPL. NRI, in partnership with WICHE and Milliman, analyzed BH service utilization pre and post Medicaid expansion to inform the appropriate allocation of state BH funds and provided an in-depth examination of the clinical characteristics and service utilization of the indigent and Medicaid populations pre and post expansion. [Read more.](#)

STATE NEWS

Fiscal Survey of the States 2017

With data gathered from all 50 state budget offices, this semi-annual report provides a narrative analysis of the fiscal condition of the states and data summaries of state general fund revenues, expenditures, and balances. Key findings include: State general fund spending would increase just 1.0 percent compared to current estimated spending levels under governors' fiscal 2018 budgets; General fund spending on Medicaid grew at an estimated median rate of 5.2 percent in fiscal 2017, with a median growth rate of 4.3 percent projected for fiscal 2018; and States that expanded Medicaid expect to spend \$8.5 billion from state funds on expansion in fiscal 2018. [Read more.](#)

States Lag in Keeping Medicaid Enrollees out of Nursing Homes.

According to a new report from AARP, states are making tepid progress helping millions of elderly and disabled people on Medicaid avoid costly nursing home care by arranging home or community services for them instead. [Read the full report.](#)

Spotlights on Six Trauma-Informed Resilient Communities

SAMHSA recently published Spotlight: Building Resilient and Trauma-Informed Communities, a series that highlights efforts underway in six different cities (Philadelphia, PA, San Francisco, CA, Walla Walla, WA, Kansas City, MO, Worcester, MA and Tarpon Springs, FL) across the United States to build trauma-informed, resilient communities. [Read more.](#)

New Hampshire Governor Signs Mental Health Reform

New Hampshire Governor Chris Sununu signed HB 400, which requires the state Department of Health and Human Services to develop a 10-year plan for reforming mental health services. [Read more.](#)

New York Releases RFPs for Supportive Housing

Governor Andrew Cuomo announced the second phase of a \$20 billion five-year plan for the creation or preservation of 100,000 affordable and 6,000 supportive housing units. [Read the RFP.](#)

Pennsylvania Draft Organizational Charts for Proposed Department of Health and Human Services

Pennsylvania Governor Tom Wolf released draft organizational plans for the proposed new Department of Health and Human Services (DHHS). DHHS, which unifies the Departments of Human Services, Health, Aging and Drug and Alcohol Programs, is scheduled to launch on July 1, the beginning of the 2017-2018 fiscal year. [Read more.](#)

North Dakota's Justice Reinvestment Approach

Over the past decade, the number of people in North Dakota's prisons and jails and on probation and parole increased at some of the fastest rates in the country. To curb this growth, a senate bill was enacted to ensure that people with serious behavioral health needs and those assessed as being at a high risk of reoffending receive effective post-release supervision programming and treatment, as necessary. [Read the full report.](#)

RESEARCH

Report Shows Large Decrease in NIMH Funding of Clinical Trials and Increase in Basic Research

An analysis by *Nature*, an international journal of science, reveals that the number of clinical trials funded by the National Institute of Mental Health has fallen by 45% since the agency began to focus on the biological roots of disease. [Read more](#)

Health Spending by State, 1991-2014: Measuring Per-Capita Spending by Payers and Programs

The Centers for Medicare and Medicaid Services (CMS) Office of the Actuary released its latest State Health Expenditure Accounts report on the patterns of health spending in the states. The new study covers 2010 to 2014, a period which included the initial implementation of the Affordable Care Act (ACA), as well as an economic recession and recovery. According to the analysis, although those factors affected overall annual growth in state health spending and the payers and programs paying for that care, they did not substantially change rankings of state per capita spending levels. [Read more.](#)

Medical Cost Trend: Behind the Numbers 2018

For four years, medical cost trend has hung between 6 and 7 percent, seeming to settle into a "new normal." PwC's Health Research Institute (HRI) anticipates a 6.5 percent growth rate for calendar year 2018, half a percentage point higher than in 2017. [Read the report.](#)

Smoking Ban Appeared to Cut Violence in British Mental Hospitals

Acts of patient violence declined at several psychiatric hospitals in London following a comprehensive cigarette smoking ban implemented in conjunction with access to nicotine replacement therapies. [Read more.](#)

FREE EDUCATIONAL OPPORTUNITIES

Recovery to Practice Announces an On-Demand Continuing Medical Education (CME) Webinar Series

This two-course series offers information and resources for physicians, clinicians, and other practitioners serving individuals with serious mental illness and co-occurring substance abuse disorder. [Register here.](#)

Webinar Series: Trauma-Informed Innovations in Crisis Services

The Substance Abuse and Mental Health Services Administration's (SAMHSA) National Center for Trauma-Informed Care and Alternatives to Seclusion and Restraint (NCTIC) presents the Webinar Series:

"Trauma-Informed Innovations in Crisis Services." The series runs from April – September 2017 on the 4th Monday of each month, from 3:00 to 4:00 p.m. ET. [See the schedule.](#)

FUNDING & AWARDS

State Pilot Grant Program for Treatment for Pregnant and Postpartum Women

The Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Substance Abuse Treatment (CSAT) is accepting applications for fiscal year (FY) 2017 Comprehensive Addiction and Recovery Act of 2016, State Pilot Grant Program for Treatment for Pregnant and Postpartum Women (Short Title: PPW-PLT). [Learn More.](#)

Comprehensive Addiction and Recovery Act: Building Communities of Recovery

The Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Substance Abuse Treatment (CSAT), is accepting applications for fiscal year (FY) 2017 Comprehensive Addiction and Recovery Act: Building Communities of Recovery (Short Title: BCOR). The purpose of this program is to mobilize resources within and outside of the recovery community to increase the prevalence and quality of long-term recovery support from substance abuse and addiction. [Learn more.](#)

Targeted Capacity Expansion: Medication Assisted Treatment - Prescription Drug and Opioid Addiction

The Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Substance Abuse Treatment (CSAT), is accepting applications for fiscal year (FY) 2017 Targeted Capacity Expansion: Medication Assisted Treatment - Prescription Drug and Opioid Addiction (MAT-PDOA) grants. The purpose of this program is to expand/enhance access to medication-assisted treatment (MAT) services for persons with an opioid use disorder seeking or receiving MAT. [Learn more.](#)

SAMHSA Funding Opportunity Announcement: Cooperative Agreements to Implement Zero Suicide in Health Systems

The Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services (CMHS), is accepting applications for fiscal year (FY) 2017 Cooperative Agreements to Implement Zero Suicide in Health Systems. [Read more.](#)

Intensive Longitudinal Analysis of Health Behaviors: Leveraging New Technologies to Understand Health Behaviors (U01)

The purpose of the Longitudinal Health Behaviors initiative is to establish a cooperative agreement network of 5 U01 projects and 1 U24 Research Coordinating Center (RCC), to collaboratively study factors that influence key health behaviors in the dynamic environment of individuals, using intensive longitudinal data collection and analytic methods. The network will also assess how study results can be leveraged to introduce innovations into longstanding behavioral theories to advance the field of theory-driven behavior change interventions. [Learn more.](#)

NRI DAY AT NASMHPD ANNUAL MEETING

NRI, in collaboration with the National Association of State Mental Health Program Directors (NASMHPD), is hosting a meeting of State Mental Health Agency Commissioners and Senior Agency Staff on Monday July 31, 2017. This is a "closed door" meeting, so only a limited number of sponsors will be allowed to attend. [Learn more about sponsorships.](#)

Premium Sponsors



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HELPFUL RESOURCES

Risk Assessment Quality Improvement (RAQI) Checklist

The Council of State Governments (CSG) Justice Center released an innovative Risk Assessment Quality Improvement (RAQI) checklist to help state and local corrections agencies, community supervision agencies, and treatment/programming providers analyze how well their risk and needs assessment tool is working. [Read more.](#)

President's Commission on Combating Drug Addiction and Opioid Crisis

On June 16, National Council Medical Director Joe Parks, M.D., testified before The President's Commission on Combating Drug Addiction and the Opioid Crisis. Dr. Parks provided observations and clinical recommendations to help solve this devastating epidemic. [Watch the video.](#)

Medically and Psychiatrically Complicated Patients

One of the greatest challenges for hospital psychiatrists is helping to treat the patient who has significant medical illness as well as mental illness. [Read more.](#)

SAMHSA Launches New Learning Center

SAMHSA has launched a new learning center for its revamped National Registry of Evidence-Based Programs and Practices (NREPP). The NREPP site is designed to provide resources for developing, implementing, and sustaining culture-centered and evidence-based programs and practices. [Learn more.](#)

Early Intervention in Psychosis (EIP)

NASMHPD's EIP virtual resource center is designed to provide reliable information for practitioners, policymakers, individuals, families, and communities in order to foster more widespread adoption and utilization of early intervention programming for persons at risk for (or experiencing a first episode of) psychosis. [Learn more.](#)

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